A-Z FOR CARERS
A guide to organisations that can help carers in the Northern Health and Social Care Trust area
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Carers provide unpaid care by looking after an ill, frail or disabled family member, friend or partner.

For more information on carers’ issues or any of the organisations included in this leaflet, please contact

Carers Northern Ireland
58 Howard Street
Belfast
BT1 6PJ
Tel. 028 9043 9843
info@carersni.org

Or

Anne Cummings
Carer Co-ordinator
NHSCT
Route Complex
Coleraine Road,
Ballymoney BT53 6BP
Tel: 0282766 1392
Email: anne.cummings@northerntrust.hscni.net
Information/Advice

ADVICE NI
1 Rushfield Avenue,
Belfast  BT7 3FP
Tel: 028 9064 5919
Fax: 028 9049 2313
Email: info@adviceni.net

CARERS NORTHERN IRELAND
58 Howard Street
Belfast BT1 6PJ
Tel: 028 9043 9843
Email: info@carersni.org
Website: www.carersni.org

Offers a daily enquiry service from 10am – 12noon and 2pm – 3pm. Provides information on carers’ assessments, benefits, direct payments, community care and any caring issue. Facilitates carer support groups and branches. Campaigns at national, regional and local levels on behalf of carers. Web page resource for carers in NI with links to many organisations, both statutory and voluntary.

CITIZEN’S ADVICE BUREAU

Antrim CAB
10D High Street
Antrim BT41 4AN
Tel: 028 9442 8176
antrimdistrictcab@citizensadvice.co.uk

Citizens Advice is the largest advice charity in Northern Ireland, working against poverty and meeting the information and advice needs of some 250,000 people each year across a wide range of advice categories. Advice is available to all communities from 28 main offices across
Northern Ireland, and from over 120 other outlets. They also represent the public at some 1800 social security appeal tribunals a year.
**Cookstown CAB**
The Enterprise Centre  
Derrylovan Industrial Estate,  
Sandholes  
Cookstown  BT80 9LU  
Email: cookstowncab@citizensadvice.co.uk

**Causeway CAB**
24 Lodge Road  
Coleraine  BT52 1NB  
Tel: 028 7034 4817  
Email: colerainecab@citizensadvice.co.uk  
Money Advice Line: 028 7032 9775

**OUTREACH SERVICES**

**Monday**
Town Hall: Ballymoney -  
9.00 -1.00 & 2.00 - 4.00  
Bushmills Community Centre -  
9.00 -11.30  
Sheskburn House: Ballycastle -  
1.00 -4.00

**Tuesday**
Sheskburn House: Ballycastle -  
10.00 -11.30 & 12.30 -4.00  
Every Tues of the month  
except the 1st  
Old School House: Cushendall -  
10.00 -1.00 & 1.45 - 4.00  
1st Tues of the month
Wednesday
Town Hall: Ballymoney
9.15 -11.30 & 12.30 - 4.00
Dhu Varren Community House:
Ballymoney - 13.00 -17.00
Baptist Church: Greenisland -
12.30 -13.30

Thursday
Town Hall: Ballymoney
9.15 -11.30 & 12.30 - 4.00
Appointment only PM
Whitehead Community Centre:
Carrickfergus
12:30 -1:30
first Thursday of month:

Friday
Ciaran Campbell Solicitors:
84 Castle Street,
Ballycastle, BT54 6AR
9.00 -1.00 & 2.00 - 4.00
Advocacy

**AGE CONCERN CAUSEWAY**

13 Waterside  
Coleraine BT51 3DP  
Tel: 028 7035 7966  
Email: ac.causeway@gmail.com

Befriending services;  
Active Age Programme and  
Advocacy and advice service.

**AGE NI**

3 Lower Crescent  
Belfast BT7 1NR  
Tel: 028 9024 5729  
Email: info@ageni.org

For over 10 years AGE NI have provided an independent, confidential advice and advocacy service aimed at older people, their relatives and friends.

The advice line provides direct access to advice, information and practical support on a wide range of issues including welfare benefits, community care, housing and health and welfare. Over the past 5 years our advice team have completed over 32,000 pieces of individual work on behalf of older people across Northern Ireland.
ALZHEIMER’S SOCIETY
Regional Development Officer
Unit 4 Balmoral Business Park
Boucher Crescent
Belfast  BT12 6HU
Tel: 028 9066 4100
Email: nir@alzheimers.org.uk

Informing and educating carers and professionals. Providing helplines and support for carers, runs day centre and home care and campaigns for improved health and social services and greater understanding of dementia.

BARNARDO’S YOUNG CARERS SERVICE
36a Westland Road
Magherafelt
BT45 5 AY
Tel: 028 7963 1344
Email: tony.mcgurk@barnados.org.uk

Advocating on behalf of the young carer and other family members to health and education professionals. How to access service: Directly or preferably referral.

BRAINWAVES NI
68 Cable Road
Whitehead  BT38 9PZ
Tel. 028 9335 3995
Email: brainwavesni@hotmail.com
Website: www.brainwaves-ni.org

Information and support for children and adults with brain tumours, their families and carers.
COMPASS ADVOCACY GROUP
Janet Schofield/Linda McKendry
20 Seymour Street
Ballymoney BT53 6JR
Tel: 028 2766 9030
Email: info@compasspeople.org
Website: www.compasspeople.org

Advising and facilitating self advocacy for people who have learning difficulties. Regular group meetings and volunteer support.

DISABILITY ACTION
Portside Business Park
189 Airport Road West
Belfast BT3 9ED
Email: hq@disabilityaction.org
Website: www.disabilityaction.org

Provides specialist advice, information and advocacy on a wide range of disability issues to include benefits, access, aids/equipment, community care, disability discrimination act, disability legislation, education, employment/training, housing.

MENCAP
3B Victoria Street
Ballymoney BT53 6DW
Tel: 028 2766 6666
Email: colette.slevin@mencap.org.uk

Advocacy support for people with a learning disability or their carers, as part of information and advice service.

Also provides children’s services, employment and transition services.
The NI Ombudsman investigates complaints from people who believe they have suffered injustice as a result of maladministration by NI government departments and agencies and public bodies in NI.

Access to services: Complaints about government departments and their agencies must be referred to the Ombudsman by an MLA. Complaints about public bodies should be referred directly to the Ombudsman.
PARENTS AND PROFESSIONALS FOR AUTISM
Contact Person: Arlene Cassidy
PAPA Resource Centre, Graham House
Knockbracken Healthcare Park, Saintfield Road
Belfast BT8 8BH
Tel: 028 9040 1729
Helpline: 0845 055 9010
Email: info@autismni.org
Website: www.autismni.org

Helpline Service can advise, provide information and evidence to support carers, will advocate on behalf of carers where possible.

RNIB (NI)
40 Linenhall Street
Belfast BT2 8BA
Tel: 028 9032 9373
Email: rnibni@rnibni.org.uk
Website: www.rnib.org.uk

Independent advice service on welfare rights and benefits. Eye Clinic Liaison Services at various locations with Liaison Officer based in Ballymena.

Patient Client Council
Houston's Mill Site
10A Buckna Road
Broughshane
BT42 4NJ
Phone: 028 2586 3950
Fax: 028 2586 3951
Carers’ Groups

All the support groups offer information, advice, and contact with other carers and social outings.

**ANTRIM CARERS SUPPORT**
Group
Antrim Day Centre
32f Station Road, Antrim
Meets every 1st Monday in the Daycentre at 7pm
Lyn: Carers Northern Ireland
58 Howard Street
Belfast, BT1 6PJ
Tel: 028 9043 9843

**CARRICKFERGUS CARERS SUPPORT GROUP**
Carrickfergus Library
Carrickfergus
Meets every 1st Tuesday at 10am
Lyn: Carers Northern Ireland
58 Howard Street
Belfast, BT1 6PJ
Tel: 028 9043 9843

**BALLYMENA AND DISTRICT CARERS GROUP**
Ballymena showgrounds
Meets every second Wednesday of the month at 11am or 7.30pm
Mrs Roberta Whitbread, Secretary
35 Herbison Park
Ballymena BT43 7DQ
Tel: 028 2564 3647
COLERAINE CARERS SUPPORT GROUP
Coleraine Blind Centre
Abbey Street, Coleraine
Meets on the last Thursday of each month at 2pm.
Lyn: Carers Northern Ireland
Tel: 028 9043 9843
Email: lyn.campbell@carersni.org

LARNE CARERS GROUP
Meets on the 2nd Thursday of each month
In Community Care Centre, 1a Doric Way, Linn Road, Larne at 11am
Lyn: Carers Northern Ireland
Tel: 028 9043 9843
Email: lyn.campbell@carersni.org

MID-ULSTER CARERS GROUP
58 Howard Street
Belfast BT1 6PT
028 9043 9843
Tel: Lyn at Carers Northern Ireland on 028 9043 9843
Email: lyn.campbell@carersni.org

MOYLE CARERS GROUP
Rathmoyle Resource Centre
6 Mary Street
Ballycastle BT54 6QH
Tel: Avril Gormley on 028 207 69468 (after 6pm)

WHITEABBEY CARERS GROUP
Meets in Day Rehabilitation Unit
Whiteabbey Hospital on the 3rd Wednesday of each month at 7pm.
Lyn: Carers Northern Ireland
Tel: 028 9043 9843
Other support groups

BALLYMENA HEADWAY GROUP
Chairperson: Mrs Gail Workman
111 Lettercreve
Ballee, Ballymena
Tel: 028 2565 1521

COOKSTOWN Multiple Sclerosis
Help and Support Group
Tel: Denise on 07745588192
Tel: Elaine on 07752464369

Practical Help

EXTRA CARE
11A Wellington Park
Belfast BT9 6DJ
Tel: 028 9068 3273
Email: info@extra-care.org

Provides a range of Domiciliary Care Services to include help with personal care, overnight help for people who require constant attention, block of family respite. Services are referred by Northern Trust Social Services staff, following a needs assessment. Extra Care may provide services to those clients who wish to purchase additional services.

CROSSROADS CARING FOR CARERS
7 Regent Street
Newtownards BT43 4AB
Tel: 028 9181 4455
Email: mail@crossroadscare.co.uk

Provides respite care for carers in NI. Provides care to people of all ages who have illnesses or disabilities or old age.
Training

EXTRA CARE
11A Wellington Park
Belfast  BT9 6DJ
Tel: 028 9068 3273
Email: info@extra-care.org

Extra care also offers a family carer training service which provides tailor made training to family carers in order to support carers in their caring role.

CHEST HEART & STROKE ASSOCIATION
21 Dublin Road
Belfast
Tel: 028 9032 0184
Fax: 028 9033 3487
Email: ihaire@nichsa.com.

CHEST HEART & STROKE CAUSEWAY
Miss Shelagh Cochran
Tel: 07841278845
Help from other Voluntary Organisations

**AGE CONCERN CAUSEWAY**
13 Waterside
Coleraine BT51 3DP
Tel: 028 7035 7966
Email: ac.causeway@gmail.com

We are a cross community group aiming to combat isolation and promoting health and well-being of older people in the Coleraine Borough Council Area.

**ACTION MS**
Knockbracken Healthcare Park
Saintfield Road
Belfast BT8 8BH
Tel: 028 9079 0707
Email: info@actionms.co.uk
Website: www.actionms.co.uk

Information: range of leaflets, quarterly magazine. Holidays: breaks for people with MS as individuals or with family/carer.

**AFASIC NORTHERN IRELAND**
Mary Wright
19 Derrycourtney Rd
Caledon BT68 4UF
Tel: 028 3756 9611
UK Helpline: 0845 3555 577

Children and young adults who have communication difficulties.
AIDS HELPLINE
The HIV Support Centre
The Warehouse
7 James Street South
Belfast BT2 8DN
Tel: 028 9024 9268
Helpline Freephone: 0800 137 437
Email: info@thehivsupportcentre.org.uk
Website: www.thehivsupportcentre.org.uk

Providing information on issues around HIV and AIDS to the general public. Support services include group support, one-to-one support, complementary therapy, home support scheme and information. Provides counselling for people who are caring for and individuals living with HIV/AIDS.

For information, advice and support on HIV and sexual health call the helpline.

BALLYMONEY DISABILITY FORUM
Community Resource Centre
Daltone Industrial Estate
25 Ballymena Road
Ballymoney BT53 7EX
Tel: 028 2766 9559
Email: info@ballymoneydisability.com

Providing a local voice for people with disabilities and their carers.

BARNARDO’S YOUNG CARERS SERVICE
Tony McGurk, Project Manager
36a Westland Road
Magherafelt BT45 5AY
Tel: 028 7963 1344
Email: tony.mcgurk@barnados.org.uk

Raising awareness of young carers’ issues enabling young carers, offering support, counselling and advocacy on an individual basis and through support groups.
BALLYMENA CLUB for the HARD of HEARING
Affiliated to ‘Hearing Concern’.
Club meetings: Northern Trust Training Centre or Minor Town Hall, Ballymena, 2nd Wednesday of each month 7.30 to 9.30pm.
Lip Reading Classes: Northern Trust Training Centre, Braid Valley Hospital, Ballymena, each Saturday 10.30am – 12.30pm.

BRAINWAVES NI,
Kate Ferguson
68 Cable Road
Whitehead BT38 9PZ
Tel: 028 9335 3995
Email: brainwavesni@hotmail.com.
Website: www.brainwaves-ni.org
Provides brain tumour booklets, support, monthly meetings, newssheets, social outings, workshops, membership. All outings are free to those affected by brain tumours, both adults and children.

CAUSEWAY VOLUNTEER CENTRE
14 Killowen Court
Coleraine BT51 3TP
Tel: 028 7035 8285
Resource for organisations which include volunteers and promoting good volunteer practice.

CONTACT-A-FAMILY NI
Bridge Community Centre
50 Railway Street,
Lisburn BT28 1XP
Tel: 028 9072 7552
Email: nireland@cafamily.org.uk
North Antrim Representative:
Virginia Maxwell
Tel: 07866 587635
Provides services to families caring for a child with a disability or illness. Access to expert advisors via a national Freephone helpline. Updated information on over 1,000 rare disorders through the Contact a Family Directory.
DIABETES UK NORTHERN IRELAND
Iain Foster: National Director, 8 Bridgewood House, Newforge Lane, Belfast, BT9 5NW, Tel: 028 9066 6646, Email: n.ireland@diabetes.org.uk. Website: www.diabetes.org.uk

Supporting people living with diabetes; working professionals; general public and voluntary support group. Annual holidays for young people with diabetes. Funding research.

DISABILITY ACTION
Portside Business Park 189 Airport Road West Belfast BT3 9ED Tel: 028 9029 7880

Advice and information on benefits, access, employment and training, education, disability discrimination, mobility. Help with benefit forms available.

DISABILITY ACTION CARRICKFERGUS
Contact person: Elizabeth Brisbane 6 West Street Carrickfergus BT38 7AR Tel: 028 9336 9367 Text: 028 9336 9386 Fax: 029 9336 8147 Web: www.disabilityaction.org

DOWNS SYNDROME ASSOCIATION
Unit 2, Marlborough House 348 Lisburn Road Belfast BT9 6GH Tel:028 9066 5260 Email: down.syndrome@org.uk www: downs-syndrome.org.uk
AGE NI
3 Lower Crescent
Belfast BT7 1NR
Tel: 028 9024 5729
Email: infoni@ageni.org.uk
Website: www.ageni.org.uk
Helpline /free/: 0808 808 7575
Provides older people, their relatives and carers with advice on a range of issues including welfare and disability benefits, housing and community care issues.

HOPE CENTRE
Ballymena Family & Addicts Support Group
7-11 Broughshane Street
Ballymena BT43 6EB
Tel: 028 2563 2726
Email: support@bfasg.org.uk
Web: www.bfasg.org.uk
Support, information and drug education.

GINGERBREAD NI
169 University Street
Belfast BT7 1HR
Tel: 028 9023 1417
Fax: 028 9024 0740
Provides older people, their relatives and carers with advice on a range of issues including welfare and disability benefits, housing and community care issues.

GOOD MORNING PROJECTS
Good Morning Ballycastle Tel: 028 2076 8309
Good Morning Ballymena Tel: 028 2563 1144
Good Morning North Belfast Tel: 028 9071 9200
Good Morning Magherafelt Tel: 028 7963 2170
Good Morning Monkstown Tel: 028 9086 7686
Good Morning Rathcoole Tel: 028 9086 1941
Telephone Befriending calls to check on your wellbeing, support services.
**MENCAP**
3B Victoria Street  
Ballymoney  BT53 6DW  
Tel: 028 2766 6666  
Email: collette.slevin@mencap.org.uk

Area Office 17-19 Bishop Street  
Londonderry, BT48 6PR  
Tel: 028 7126 2227  
Website: mencap.org.uk

Provides information, advice and support to children and adults with a learning disability, their families and carers. Supports people with a learning disability to speak up for themselves. Members campaign for equal rights, greater opportunities and respect.

**HOMESTART**

**Antrim District**
12b Market Square  
Antrim BT41 4AW  
Tel: 028 9442 8090  Fax: 028 9442 8090  
Email: homestartantrim@btconnect.com

**Ballymena South**
C/o Unit 5 Ballykeel Business Centre  
18 Crebilly Road  
Ballymena BT42 4DN  
Tel: 028 2564 3555  Fax: 028 2564 7525  
Email: actionforchildren.org.uk
Carrickfergus
Suites 4&5, 8 Meadowbank
Road
Carrickfergus
Tel: 028 9332 8875  Fax: 028 9332 8875
Email: homestartcfergus@btconnect.com

Causeway
74-76 Railway Road
Coleraine
Co Londonderry BT52 1PG
Tel: 028 7032 1765  Fax: 028 7032 9962
Email: hsc01@btconnect.com

Dalriada
64 Main Street, Market Square
Bushmills
Co Antrim BT57 8QD
Tel: 028 2073 0444  Fax: 028 2073 1935
Email: info@dalriadaruralrestart.org.uk

RNIB/ BLIND CENTRE for NI
Community Vision Mid-Ulster
Northern Trust
60 Hospital Road
BT 45 5EG Magherafelt
Tel: 028 7936 5000
Email: jackie.cotton@rnib.org.uk
Community Vision Ballymena/Antrim
NHSCT
17 Raceview Road
Broughshane
Co. Antrim BT42 4JL
Tel: 028 2586 3800
Email: vivien.muir@rnib.org.uk

Community Vision Causeway
NHSCT
37 Abbey Street
Coleraine
Co Londonderry BT52 1EX
Tel: 028 7032 0333

Community Vision Larne/Carrick
NHSCT
76 Avondale Drive
Ballyclare
Co. Antrim BT39 9EB
Tel: 028 9334 9797
Email: Sharon.mcclure@rnib.org.uk

MOTOR NEURONE DISEASE ASSOCIATION
P.O. Box 111
Newtownards
Tel: 028 9187 8661/
08453 751 852
Website: www.mndassociation.org

Provides support and advice to people living with motor neurone disease their families and carers.
In the Northern Board Area N.I.A.M.H. provides services including day support, housing schemes, advocacy (Holywell Hospital) and one respite bed in Ballymoney. N.I.A.M.H. also provides detailed information on an extensive range of mental health needs.

Facebook Page & Internet Support Group. Medical Advisor, Education Advisor, Benefits Advisor, Paediatric Medical Advisor. Membership is FREE, as is access to all services. Booklets for adults, young people, children & carers. Information Line/Answering Service available 24 hours.
PARKINSON’S DISEASE SOCIETY
Wellington Park Business Centre
3 Wellington Park
Malone Road
Belfast BT9 6DJ
Tel: 028 9092 3370
Email: northernireland@parkinsons.org.uk

Provides help and support to people who have Parkinson’s Disease, their carers and families. Facilitates support groups throughout the Trust area.

PARENTS AND PROFESSIONALS AND AUTISM
PAPA Resource Centre, Donard House
Knockbracken Healthcare Park, Saintfield Road
Belfast, BT8 8BH
Tel: 028 9040 1729
Email: info@autismni.org
Website: www.autismni.org

Provides information and advice on Autistic Spectrum Disorders (ASD) related services and relevant strategies and interventions. Publishes materials research on Autism. Maintains a regional network of support groups. Training department delivers extensive range of Autism related training for parents and professionals.

REHABILITATION
7-8 Norfolk Court
 Rathenraw
  Antrim
  BT41 2SF
Tel: 028 9442 8264

Social recreation Centre for people suffering mental health difficulties.
MindWise
15-17 Rashee Road
Ballyclare BT39 9HJ
Tel: 028 9334 1714
Email: lorraine.dell@mindwisenv.org
Website: www.mindwisenv.org

RNIB (NI)
Charlie Mack
40 Linenhall Street
Belfast BT2 8BA
Tel: 028 9032 9373
Email: info@rnib.org
Website: www.rnib.org.uk

THE BLIND CENTRE
37 Abbey Street
Coleraine
Co Derry
Tel: 028 7032 0333 Fax: 028 7032 6220
Email: coleraine@bcni.co.uk
A community based charity providing vital professionally led services to people living with Aphasia, their carers and families right across NI. Together we are working for a world where there are fewer strokes and Aphasics get help they need. Aphasia is a devastating communication disability which seriously affects a person’s ability to speak, read, write and communicate with the world around them.

Support for those who are injured, bereaved, traumatised or intimidated as a direct result of the troubles in NI.
Help from Health and Social Services

**Addiction Service**

Addiction Service  
1 Parkmore Drive  
Ballymena BT43 5DT  
Tel: 028 2565 8462

Addiction Service  
Railway Street  
105a Railway Street  
Ballymena BT42 2AF  
Tel: 028 2563 1970

Addiction Service  
Inpatient Unit  
Carrick 1  
Holywell Hospital  
60 Steeple Road  
Antrim BT41 2RJ  
Tel: 028 9446 5211

**Angina Service**

Angina Office  
Coronary Care Unit  
Causeway Hospital  
4 Newbridge Road  
Coleraine BT52 1HS  
Tel: 028 7034 6313

**Bereavement Co-ordinator**

Barbara Bankhead,  
Bush House,  
Antrim Area Hospital,  
Bush Road,  
Antrim BT41 2QB  
Tel: 028 9442 4992

**Brain Injury Service**

Carolyn McKeown,  
Ballymena North Business & Recreation Centre,  
120 Cushendall Road,  
Ballymena BT43 6HB  
Tel: 028 2563 2035

**Cancer Service**

The Trust cancer service includes cancer nurse specialists and psychological support for people with a cancer diagnosis and their carers.

Pat McClelland  
General Manager Cancer Services  
Tel: 028 9442 4226

Eileen Deery  
Lead Nurse Cancer Services  
Tel: 028 9442 4204
Carer Co-ordinator

The Carer Co-ordinator supports informal family carers, and also Trust staff who work with carers.
Anne Cummings
Route Complex
8e Coleraine Road,
Ballymoney BT 53 6BP
Tel: 028 2766 1392
Email: anne.cummings@northerntrust.hscni.net
Children with Disability Teams

Ballymena
Slemish Community Services Centre,
Braid Valley Site,
Cushendall Road,
Ballymena BT 43 6HL
Tel: 028 2563 5640

Carrickfergus
Ellis Street,
Carrickfergus BT38 8AZ
Tel: 028 9331 5114

Magherafelt
Sperrin House
43 Queen’s Avenue,
Magherafelt BT45 6BY
Tel: 028 7930 1700

Coleraine
Riverside House
28 Portstewart Road,
Coleraine BT52 1RN
Tel: 028 7035 8158

Community Rehabilitation and Stroke Teams

Antrim
Community Rehabilitation and Stroke Team
Oriel House
Castle St,
Antrim BT41 4JE
Tel: 028 9442 6107
Email: crs.antrim@northerntrust.hscni.net

Ballymena
Community Rehabilitation and Stroke Team
Houston’s Mill
10 Buckna Road,
Broughshane
Ballymena BT42 4NJ
Tel: 028 2586 3940
Email: crs.broughshane@northerntrust.hscni.net

Coleraine
Home from Hospital Team
Rathlea House,
Mountfern Complex,
Rugby Avenue,
Coleraine BT52 1JL
Tel: 028 7034 7860
Magherafelt
Community Rehabilitation and Stroke Team
Top Floor
Diamond Medical Centre
Market Square,
Magherafelt BT 45 6ED
Tel: 028 7963 3255
Email: hfh.magherafelt@northerntrust.hscni.net
css.diamond@northerntrust.hscni.net

Whiteabbey
Community Rehabilitation and Stroke Service
Community Services Building
Whiteabbey Hospital
Doagh Road,
Whiteabbey BT37 9RH
Tel: 028 9055 2495
Email: crs.whiteabbey@northerntrust.hscni.net

Whitehead
Community Rehabilitation and Stroke Team (Whitehead)
Edward House
8 Edward Rd,
Whitehead BT38 9QB
Tel: 028 9337 8210

Continence Service
The Continence Service
Spruce House
Braid Valley Site
Cushendall Road,
Ballymena, BT43 6HL
Tel: 028 2563 5278

Diabetic Service
Diabetic Nurse Specialist Coordinator
Rosemary McGaw
Whiteabbey Hospital
Newtownabbey BT37 9RH
Tel: 028 90552228

Direct Payments
Caroline McGarry
Direct Payments Development Officer
Spruce House,
Braid Valley Hospital Site,
Cushendall Road,
Ballymena BT43 6HL
Tel: 028 2563 5508
Eating Disorder Service (Child and Adolescent)

Eating Disorder Service
Alder House
Antrim Area Hospital Site
Bush Road
Antrim BT41 2QB
Tel: 028 9442 4600
Email: edel.gilcrist@northerntrust.hscni.net

Eating Disorder Service (Adults)

The Villa,
Holywell Hospital,
60 Steeple Road,
Antrim BT412RJ
Tel: 028 9441 3307

Emergency Social Work Service

Phone 028 9446 8833 – after 5pm each evening and all weekends and bank holidays

Equipment Service

The Community Equipment Centre
Northern Health & Social Care Trust
Unit A2 Site 9
Pennybridge Industrial Estate
Ballymena BT42 3HB
Tel: 028 2563 3991
Email: equipmentservice.nt@northerntrust.hscni.net

Hospitals

Antrim Area Hospital
45 Bush Road
Antrim BT41 2RL
Tel: 028 9442 4000

Braid Valley Hospital
Cushendall Road
Ballymena BT43 6HR
Tel: 028 2563 5200

Causeway Hospital
4 Newbridge Road
Coleraine BT52 1HS
Tel: 028 7032 7032

Dalriada Hospital
Coleraine Road
Ballycastle BT54 6BA
Tel: 028 7076 2666
Learning Disability Teams (Adults)

Causesway
Rathlea House
Rugby Ave
Coleraine BT52 1JL
Tel: 028 7034 7871

Ballymena
Pennybridge Resource Centre
Pennybridge Industrial Estate
Larne Rd
Ballymena BT42 3HB
Tel: 028 2566 7150

Carrickfergus & Larne
Carrickfergus Social Services
Ellis St
Carrickfergus BT38 8AZ
Tel: 028 9331 5100

Newtownabbey
Community Services Centre
Whiteabbey Hospital
Doagh Rd
Newtownabbey BT37 9RH
Tel: 028 9055 2562

Magherafelt & Cookstown
Magherafelt Social Services
Hospital Rd
Magherafelt BT45 5EG
Tel: 028 7936 5000
(Magherafelt)
Tel: 028 8672 3800
(Cookstown)

Learning Disability Healthcare Facilitators

This service aims to support people who have a learning disability in accessing healthcare facilities (i.e. GP appointments, attendance at clinics etc). The service is Trust wide.
Paul McAleer
Healthcare Facilitator
Tel: 028 9331 5100

Mental Health Crisis Resolution Home Treatment Service

This service provides intensive home treatment and support
to adults experiencing severe mental health problems who would otherwise have no option but to be admitted to hospital.

Christine Bateson
Crisis Resolution Home Treatment Service
Holywell Hospital
60 Steeple Road,
Antrim BT41 2RJ
Tel: 028 9441 3277

Mental Health Service (Child and Adolescent)

East Antrim Team (Larne, Carrickfergus, Newtownabbey)
Alder House
Antrim Area Hospital
Bush Road
Antrim BT41 2QB
Tel: 028 9442 4600

Antrim Team (Antrim, Ballymena)
Massereene House
Ferrard Site
Station Road
Antrim BT41 4AB
Tel: 028 9441 5700

Ballymoney Team (Coleraine, Ballymoney, Moyle, Magherafelt, Cookstown)
15 Newal Road
Ballymoney
Co Antrim BT53 6HB
Tel: 028 2766 7250

Mental Health for Older People

Teams who are part of this service work to support people over the age of 65 who are experiencing mental health problems (i.e. Dementia etc)

Causeway
Rosebrook House
Brook Street
Coleraine BT52 1QG
Tel: 028 7034 3084

The Brook Day Centre
Brook Street
Coleraine BT52 1QG
Tel: 028 7034 4495

Larne, Carrickfergus and Newtownabbey

The Beeches
76 Avondale Drive
Ballyclare BT39 9EB
Tel: 028 9334 9797
Antrim, Ballymena, Cookstown and Magherafelt

Cookstown CMHT
52 Orritor Road
Cookstown BT80 8BN
Tel: 028 8672 3846/3847/3849

Holywell House
Holywell Hospital
60 Steeple Road
Antrim BT41 2RJ
Tel: 028 9441 3650

**Occupational Therapy Services**

This service provides a range of treatments and interventions to people of all ages – for example helping people to achieve and maintain independence in daily activities such as washing or dressing.

Occupational Services Manager
Hazel Winning
Tel: 028 2563 5221
Email: hazel.winning@northerntrust.hscni.net

Occupational Therapy Services (Adult)
Liz Mc Nabney
Tel: 028 2563 5544
Email: liz.mc Nabney@northerntrust.hscni.net

Occupational Therapy Services (Children)
Sandra Allen
Tel: 028 2563 6501
Email: Sandra allen@northerntrust.hscni.net

Occupational Therapy Services (Mental Health)
Joy Hammond
Tel: 028 9441 3118
Email: joy.hammond@northerntrust.hscni.net

**Older People Teams (Integrated)**

Antrim
12 Dublin Road,
Antrim BT414EA
Tel: 02894426002

Ballymena North:
Salisbury House,
Queen St,
Ballymena BT42 1DB
Tel: 028 25656447
Ballymena South & Rural:  
Slemish Community Services Centre,  
BVH,  
Ballymena BT43 6HL  
Tel: 028 25635659

Ballymoney:  
Armour Complex  
6 Newal Road,  
Ballymoney BT53 6HD  
Tel: 028 2766 1830

Coleraine:  
Rathlea House,  
Mountfern Complex  
Coleraine BT52 1JL  
Tel: 02870347864

Cookstown:  
Cookstown Community Services Centre  
Orritor Road,  
Cookstown BT80 8BJ  
Tel: 028 86723862

Larne & Carrickfergus:  
Carrickfergus Health centre  
Taylors Avenue  
Carrickfergus BT38 7HF  
Tel: 9331 5898

Magherafelt:  
Magherafelt Community Services Centre,  
Hospital Road,  
Magherafelt BT45 5EG  
Tel: 79365000

Moyle:  
Dalriada Hospital,  
1 Coleraine Road,  
Ballycastle BT54 6EY  
Tel: 028 7076 2651

Newtownabbey Central:  
Glengormley Community Services Centre  
Carnmoney Road,  
Glengormley BT36 6HP  
Tel: 028 90831496

Newtownabbey South:  
Bungalow 7,  
Whiteabbey Hospital,  
Doagh Road,  
Newtownabbey BT37 9RH  
028 90552241
Patient Escort and Care Service

Patients who are in hospital, are vulnerable, and have no one to bring them home or settle them at home upon discharge may be eligible for this service. The service operates over a 25 mile radius of Antrim. Such patients will be identified by the ward manager and then referred to the service.

Paediatric Autism Diagnostic Service

Antrim Fieldwork Office, Station Road, Antrim
Tel: 028 9441 6554

Permanent Placement Teams

The Trust runs this service to support people who are admitted to permanent care and their carers. There is a team covering the northern part of the Trust and a team for the southern part.

Northern Team
Jacqueline Tomlinson, Route House, Route Complex, 83 Coleraine Road, Ballymoney BT53 6BP
Tel: 028 2766 1307

Southern Team
Heather Morrison
12 Dublin Road, Antrim, BT41 4EA
Tel: 028 9442 6036

Physical Disability Teams (Adults)

Antrim and Ballymena

Wilson House Resource Centre
17 Raceview Road, Broughshane Ballymena BT42 4JL
Tel: 028 2586 3800
Causeway

Rathlea House
Mountfern Complex
8a Rugby Ave,
Coleraine BT52 1JL
Tel: 028 7034 7880

Magherafelt & Cookstown
Magherafelt Social Services
Hospital Rd
Magherafelt BT45 5EG
Tel: 028 7936 5000
(Magherafelt)
Tel: 028 8672 3800
(Cookstown)

Larne, Carrickfergus and
Newtownabbey

The Beeches
76 Avondale Drive,
Ballyclare, BT39 9EB
Tel: 028 9334 9797

Larne, Carrickfergus and
Newtownabbey

Magherafelt & Cookstown
Magherafelt Social Services
Hospital Road,
Magherafelt BT45 5EG
Tel: 028 7936 5000
(Magherafelt)
Tel 028 8672 3800
(Cookstown)

Physical Disability and
Sensory Impairment Team

Wilson House Resource Centre
17 Raceview Road
Broughshane
Ballymena BT42 4JL
Tel: 028 2586 3800

Respiratory and Pulmonary
Rehabilitation Teams

Respiratory Team
Rathlea House
8a Rugby Avenue
Coleraine
Tel: 028 7034 7883
**Respiratory and Pulmonary Rehabilitation Team**

Unit 3  
Tidal House  
53 Main Street  
Toomebridge  
Tel: 028 7965 9174  
East Antrim Respiratory Team  
Room 5 Old Lab Building  
Whiteabbey Hospital  
Doagh Road  
Newtownabbey  
Tel: 028 9055 2469

**Rheumatology Services**

This Trust wide service is based at Antrim Area Hospital and comprises a Day Unit, outpatient clinic, patient education programme and patient advice help line.  
Rheumatology Unit  
Antrim Area Hospital  
45 Bush Road,  
Antrim BT41 2RL  
Tel: 028 9442 4175

**‘Share The Care’ Service**

This service is offered in the Causeway area and aims to support carers of adults with a learning disability by providing respite in the home of a volunteer.

**Senior Practitioner**  
Learning Disability Team  
Mountfern Complex  
8a Rugby Ave,  
Coleraine BT52 1JL  
Tel: 028 7034 7871  
Cookstown and Magherafelt area: 028 7936 5000  
Ballymena area: 028 2566 7150

**Stroke Services**

Community Stroke Rehabilitation Service

The teams in this service facilitate early discharge from hospital for stroke patients who are fit to receive therapy in their own home, and receive a 12 week programme to promote independence.

Antrim  
Oriel House  
Castle Street  
Antrim,  
Tel: 028 9442 6100

Ballymena  
Houston’s Mill  
Broughshane BT42 4NJ  
Tel: 028 2586 3940
Magherafelt
Diamond Medical Centre
Market Square
Magherafelt BT45 6ED
Tel: 028 7963 3255

Newtownabbey
Social Services Building
Whiteabbey Hospital Site
Doagh Road
Newtownabbey BT 37 9RH
Tel: 028 9055 2495

Whitehead
Edward House
Edward Road
Whitehead BT38 9QB
Tel: 028 9337 8210

For stroke information and support:

Sarah Glass
Stroke Nurse Specialist
Antrim Area Hospital
Tel: 028 9442 4000 ext 2472

Paula Ford-Hutchinson
Stroke Nurse Specialist
Intermediate Rehabilitation and Stroke Service
Oriel House
Castle St,
Antrim
Tel: 028 9442 6100

Patricia Holley
Stroke Nurse Specialist
Causeway Hospital
Coleraine
Tel: 028 7032 7032

Stoma Care Services

Stoma Care Nurse Specialist
Dymphna McErlane
Fern House,
Antrim
Tel: 028 9442 4000 x 4437

Wheelchair Service

Rathenraw Industrial Estate
56 Greystone Road
Antrim BT41 2SJ

Adult Tel: 028 9442 7913
Paediatric Tel: 028 9442 7920
Support from other Statutory Agencies

Pensions Advisers

A Pension Adviser has been placed in each Social Security Office to provide face-to-face service for those approaching and above 60 years of age and their families.

Phone 0808 100 6165 and ask let them know the area you live in and arrange for a home visit.

For help with Energy Saving, Community Safety or Home Accident Prevention

Local Councils

Antrim Borough Council
Antrim Civic Centre
50 Stiles Way
Antrim, BT41 2UB
Tel: 028 9446 3113
www.antrim.gov.uk

Ballymena Borough Council
Ardeevin
80 Galgorm Rd
Ballymena, BT42 1AB
Tel: 028 2566 0300
www.ballymena.gov.uk

Ballymoney Borough Council
Riada House
14 Charles Street
Ballymoney, BT53 6DZ
Tel: 028 2766 0200

Carrickfergus Borough Council
Town Hall
Joymount
Carrickfergus, BT38 7DL
Tel: 028 9335 1604
www.carrickfergus.org

Coleraine Borough Council
66 Portstewart Rd
Coleraine, BT52 1EY
Tel: 028 7034 7034
www.colerainebc.gov.uk

Cookstown Borough Council
Burn Rd
Cookstown, BT80 8DT
Tel: 028 8676 2205
www.cookstown.gov.uk

Larne Borough Council
Smiley Buildings
Larne, BT40 1RU
Tel: 028 2827 2313
www.larne.gov.uk

Magherafelt Borough Council
50 Ballyronan Rd
Magherafelt, BT45 6EN
Tel: 028 7939 7979
www.magherafelt.gov.uk
Jacqui Frazer is the Fuel Poverty Co-ordinator for the Northern Investing for Health Partnership. Jacqui is based at Ballymoney Borough Council and her phone number is 028 2766 0275 and her email is Jacqueline.Frazer@ballymoney.gov.uk