

the Main Day Procedure Unit ward where you will rest until you have recovered sufficiently to get dressed. At this stage you will be given a light snack and discharge information.

If you have general anaesthetic or intravenous sedation you will be asked to wait in the last stage recovery area until a responsible adult relative or friend will collect you to accompany you home. You must not drive or travel on public transport.

You may go home by taxi if you are accompanied by a responsible adult relative or friend.

You must not operate machinery or drive for 24 hours following general anaesthesia or intravenous sedation.

When you get home

If you require medical advice – contact your family doctor or doctor on call.

Wound pain

You may experience mild discomfort or pain in the wound. You will be provided with painkillers on discharge from hospital. Take these as prescribed and finish the course. If the pain becomes increasingly severe or the wound causes anxiety you should contact your doctor immediately for advice.

Rest and diet

You should rest, take only light meals and avoid alcohol for at least 24 hours.

Sickness

If you vomit take fluids only and if you continue to be sick contact your GP or doctor on call.

Return to work

If after one week you feel you are not ready to return to work contact your own GP.

Review arrangements

Any appointments necessary for your wound management for example removal of stitches will be explained before you leave the Day Procedures Unit. Subsequent review appointments at the outpatients department will be sent to your home address. If you require further investigations such as X-rays this appointment will also be sent to your home address.

For more information contact:

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Website:

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This document is available, on request, in accessible formats, including Braille, CD, audio cassette and minority languages.

Coming for day surgery



