

Discharge from hospital

It is the policy of the Northern Health and Social Care Trust to discharge people from hospital when deemed medically fit. Once you are admitted to hospital, plans to arrange your discharge will commence.

The plan will include:

- The doctor looking after you will identify an expected date of discharge and all efforts will be made to achieve this.
- Should your condition change, this date will be reviewed by medical staff. You and your family/next of kin will be informed of your expected date of discharge and of any changes to this.
- All efforts will be made to confirm and complete your discharge arrangements before 2.00pm on the day you are to be discharged.
- If you are not well enough to go home but are being discharged to a nursing/residential home, the social worker will talk to you and your family to identify a suitable place.
If your nursing/residential home of first choice

is not available, the social worker will work with you and your family to find an acceptable interim placement where you will be discharged to until your first choice becomes available.

If you have any questions or concerns related to your discharge arrangements, you can talk to your nurse or ward sister, doctor or your social worker.



Northern Health
and Social Care Trust

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in accessible formats, including Braille, CD,
audio cassette and minority languages.**



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