What is Shared Lives - Adult Placement?

The Northern Health and Social Care Trust’s Shared Lives - Adult Placement Scheme helps approved Adult Placement Carers (ordinary people from the local community) to share their home and time with someone in need on a long-term basis. The Shared Lives - Adult Placement Scheme is registered under the Adult Placement Agencies Regulations (Northern Ireland) 2007 with The Regulation & Quality Improvement Authority.

Who does it support?

The Northern Trust’s Shared Lives - Adult Placement Scheme enables adults who have a learning disability to live with Approved Adult Placement Carers, sharing their lives and their home. Shared Lives - Adult Placement also provides the option for young people living with foster parents to continue to do so as adults who still need support and guidance. This may be on a medium-term basis, using it as a stepping-stone to greater independence.

Who are Shared Lives - Adult Placement Carers?

All types of people can become Adult Placement Carers. What is important is that you can offer your time and be aware of an individual’s needs.

As an Adult Placement Carer you may provide care and/or support to adults with learning disabilities enabling them to take part in community or family activities that most of us take for granted, such as going to the shops, cinema or developing daily living skills such as cooking.

Training and support for Shared Lives - Adult Placement Carers?

A Social Worker will visit prospective Shared Lives - Adult Placement Carers at home and provide detailed information about the Scheme including Application and Approval Process. Shared Lives - Adult Placement Carers are also asked to attend Support Groups including training. Although not employees of the Northern Health and Social Care Trust, Shared Lives - Adult Placement Carers are self-employed and receive a monthly payment dependent on the assessed needs of the adult placed.

If you are interested in finding out more about how to become a Shared Lives - Adult Placement Carer please contact:

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Shared Lives - Adult Placement
A Scheme for Adults with a Learning Disability
Information for Adult Placement Carers