Pregnant drug and alcohol users
Discuss referrals for inpatient treatment with the medical staff in Carrick 1 Inpatient Unit. To do so, phone 028 9441 3290 between 9.00am - 5.00pm, Monday to Friday.

Useful telephone numbers
Al-anon
028 9024 3489

Alcoholics Anonymous
028 9043 4848

Ballymena Family & Addicts Support Group
028 2563 2726

Carlisle House Alcohol and Drug Rehabilitation Unit
028 9032 8308

Cuan Mhuire Detoxification and Rehabilitation Unit
028 3026 2429

Gamblers Anonymous (24hr)
020 7384 3040

Narcotics Anonymous
028 9029 8888

National Drugs Helpline
080 077 6600

Northlands Centre for Treatment
028 7131 3232

Re-solv
080 8800 2345

This document is available, on request, in accessible formats, including Braille, disk, audio cassette and minority languages.
The Addiction Service

We aim to provide an individually tailored, non-judgemental, confidential and accessible service to adults who are experiencing problems with alcohol or drugs. We offer a range of approaches, which include community-based assessment, treatment, management and support, and inpatient hospital treatment, if indicated.

Who we are

The Addiction Service is comprised of three departments:

- The Addiction Service, Parkmore Drive;
- The Addiction Service, Railway Street; and
- Carrick 1 Inpatient Unit, based at Holywell Hospital.

A multi-disciplinary team of Health and Social Services staff (including nurses, social workers, psychologists, medical staff and occupational therapists) provide addiction services to the resident population (435,000) within the Northern Health and Social Care Trust.

Since its initial foundation in 1988, the Service has continually evolved to meet the needs of the community and has now become one of the largest and most innovative Addiction Services in Northern Ireland.

In 2001, the partnership with The Probation Board for Northern Ireland, The Northern Ireland Office, and The Drug and Alcohol Strategy Team, the Addiction Service expanded to include a comprehensive assessment service for injecting drug users based at Railway Street in Ballymena and an inpatient facility based in Holywell Hospital, Antrim.

These services combined, aim to provide a range of treatment options, in partnership with voluntary, community and statutory agencies, involved in the reduction and management of alcohol and drug related harm in the community.

The quality of service provided is consistently reflected in awards obtained. In 1998 and 2001, the Addiction Service at Parkmore Drive was awarded the Charter Mark for excellence of service provided to individuals with an addiction problem.

The Addiction Service also provides a consultation and training service for all health and social care professionals.

Addiction Service, Parkmore Drive

1 Parkmore Drive, Ballymena BT43 5DT
Phone: 028 2565 8462

Who we are

The Addiction Service (Parkmore Drive) is a locally-based treatment service which offers treatment, advice, and information to individuals over the age of 18 years who are experiencing problems with alcohol or drugs.
What we offer
The Parkmore Drive Service recognises that people develop difficulties with alcohol and other substances for a variety of reasons.

A range of treatment options are available, and treatment plans are developed in agreement with the client and their individual therapist.

Treatment options include:

- Assessment;
- Individual counselling;
- Advice/support;
- Information/education;
- Relapse management programmes;
- Group psychoanalytic therapy; and
- Advice/information for family and carers.

Family members/carers are encouraged to become involved in the individual’s assessment and treatment programme.

Clinics
Local clinics are provided throughout the Northern Health and Social Care Trust in the following areas:

- Antrim;
- Ballycastle;
- Ballymena;
- Ballymoney;
- Carrickfergus;
- Coleraine;
- Cookstown;
- Larne;
- Magherafelt; and
- Newtownabbey.

Opening hours
The service operates between the hours of 9.00am - 5.00pm, Monday - Friday. You can contact the service on 028 2565 8462 - all enquiries are welcome. You can also email us at enquiries.cas@northerntrust.hscni.net

Addiction Service, Railway Street
105a Railway Street, Ballymena BT42 2AF
Phone: 028 2563 1970

Who we are
The Railway Street Addiction Service offers advice, support and treatment in a community-based setting to individuals over the age of 18 years who are experiencing problems with drug use, particularly injecting heroin use. The service is confidential and non-judgemental.

For those individuals under the age of 18 years, support is offered through the youth counselling service, provided by Dunlewey Substance Advice Service, which operates from the Railway Street premises.

What we offer
The Railway Street service offers a range of individually tailored treatment options and treatment plans, developed in agreement with the client and their key worker.

Treatment options include:

- Advice/support;
- Assessment/harm minimisation;
- Information/education;
Community assisted withdrawal from substances;
Substitute prescribing for injecting drug users;
and
Long-term engagement and vocational training.

Open clinics
The service operates Open Clinics on Tuesdays and Thursdays between 1.30pm - 4.00pm. New clients and individuals already known to the service are welcome to attend these clinics (without an appointment) whereby information is offered and brief assessments are carried out with a view to longer term engagement and treatment.

Opening hours
The service opens between the hours of 9.00am - 5.00pm, Monday - Friday. You can contact the service on 028 2563 1970 - all enquiries are welcome.

Addiction Service, Inpatient Unit, Carrick 1
Carrick 1, Holywell Hospital, 60 Steeple Road, Antrim BT41 2RJ
Phone: 028 9446 5211

Who we are
Carrick 1 is a 10-bedded Inpatient Unit based at Holywell Hospital. It aims to provide treatment in a supportive and non-judgemental environment for adults over the age of 18 years who have alcohol or drug problems.

What the service offers
Carrick 1 offers inpatient detoxification from alcohol, heroin, prescription drugs and a range of other substances.

Where appropriate, the service can also initiate and stabilise clients on substitute treatments for heroin dependence, or other medication to help reduce relapse.

In addition to appropriate medical treatment, Carrick 1 provides a treatment programme consisting mainly of education and information, which incorporates a harm minimisation and relapse prevention approach. The programme is delivered in both individual and group settings.

Patients have the opportunity to participate fully in all aspects of their treatment and are encouraged to do so.

Carrick 1 also offers support and information to relatives.

Duration of stay
Length of stay varies depending on individual need, however it generally ranges between one and four weeks.

Referrals - Information and Guidance
To ensure efficient management of referrals, the Addiction Service operates a Centralised Referral System, with referrals accepted from general practitioners, hospital doctors or consultants.
To assist services to operate effectively, clearly indicate the nature of the client’s problem and urgency of required assessment.

Please note: Referrals received to the service that do not provide adequate information of the necessity of an urgent appointment may be re-classified as a routine referral.

Centralised referral procedure

1. For individuals with any drug or alcohol related problems residing in the Northern Board, please forward referrals in writing to:

   The Addiction Service (Parkmore Drive)
   1 Parkmore Drive, Ballymena BT43 5DT
   Phone: 028 2565 8462

   Routine referrals will be seen within 6 weeks, urgent referrals within 2 weeks. Referral agents will be advised of the outcome of their referral.

   Or

2. For individuals who have an injecting drug problem, forward the referral to:

   The Addiction Service (Railway Street)
   105a Railway Street, Ballymena BT42 2AF
   Phone: 028 2563 1970

Assessment

A member of the clinical team will assess all individuals at community level. On initial contact, a member of the Addiction Service will carry out a comprehensive assessment to meet the following objectives:

- Facilitate the identification of the presenting problem;
- Clarify the client’s aims and objectives to achieve change; and
- Identify treatment required in order to begin the process of planning the most appropriate methods of intervention.

The assessment aims to establish:

- Personal/family history;
- Pattern of substance use (type/frequency/quantity);
- Level of dependency;
- Degree of substance related harm (physical, psychological and social); and
- Motivation and commitment to engage in treatment.

The referral agent will be notified of initial contact with the client and proposed follow-up.

Following assessment, if it is indicated that a medical assessment is required, this will be arranged with the Consultant Psychiatrist (Substance Misuse) which may then result in a period of inpatient treatment.

If you have serious concerns about any of the following:

Physical condition
Refer directly to an A&E department or medical outpatient clinic for further management.

Mental health condition
Refer directly to the Crisis Response Team or the Sector Psychiatric Team for further advice and management.