

If you have any concerns about your wound please contact:



**Northern Health
and Social Care Trust**

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INVESTOR IN PEOPLE

**Treatment of skin
conditions by freezing**

- Your wart or skin lesion has been treated with liquid nitrogen cryosurgery. This involves applying liquid nitrogen to the skin which produces a very low temperature in the top layers of the skin. This causes a cold burn which destroys the wart or other skin lesion.
- This treatment replaces the need for a surgical operation and in most cases does not leave a permanent scar. Scarring of the skin and a loss of pigment in the treated area will occur if deeper freezing of the skin is required.
- During the procedure you may experience slight pain, swelling or redness of the treated area. This will depend on the area of skin being treated and the length of freezing time required.
- If you have thin or sensitive skin a water or blood blister may form where you have been treated and you may notice some fluid discharge. If a blister does form you can pierce the blister with a sterile pointed instrument to release the fluid; repeat this until the blister does not refill.
- If you have been prescribed a cream to use this can be applied twice daily on any clean dressing unless instructed otherwise. Small areas of skin that have been treated can be covered with an elastoplast type dressing.
- It will take a few days for the fluid discharge to stop and for the blister to disappear. When the blister disappears a crust or scale will form where your skin was treated.
- Two soluble aspirin tablets can be taken three times daily to relieve pain after treatment. Aspirin helps by limiting the swelling and speeding the healing time.
- Children under 12 should not be given aspirin. Paracetamol can be given to children for pain relief.