

Freedom of Information Request

The questions are in relation to nursing staff:

::Do you have a period policy for staff?

NHSCT does not have a period policy.

::If you do, when was it implemented and what does it say?

::If not, are you planning to implement one?

At present the NHSCT does not have a plan to implement a period policy.

::Do you provide any free sanitary products for staff? If yes, for which staff and where?

NHSCT does not currently provide free sanitary products for staff on a Trust-wide basis.

::Are the needs of women who have health problems related to their periods (such as endometriosis) covered by any other policies?

In addition to the NHSCT menopause policy, NHSCT supports staff who may have a variety of health conditions through the NHSCT Health, wellbeing and inclusion policy and where applicable are also protected through the NHSCT disability policy.

::What are you doing to ensure staff have the knowledge and support they need with any issues related to their menstrual cycle?

NHSCT staff health issues and concerns can be addressed through individual referrals to the NHSCT Occupational Health and Wellbeing Service. In addition, the Trust on-line staff health and wellbeing resource 'I-matter,' includes information and signposting on a wide-range of health issues including those relating to women's health.