

Your Health Visiting Service

***“Working in partnership with parents,
children, young people.”***



Who are the Health Visiting Team?

The team is made up of health visitors who are registered nurses with an additional qualification in child health/development and family health, and specially trained public health nurses and child health assistants.

Your health visiting team can offer a family centred service from pregnancy until your child goes to school. We can offer advice and support on matters such as:

- ***Healthy lifestyle***
- ***Parenting***
- ***Breast feeding***
- ***Bottle feeding***
- ***Immunisations***
- ***Play, stimulation and child development***
- ***Weaning***
- ***Behaviour management***
- ***Keeping your child safe***
- ***Drugs and alcohol***

How can I contact the health visiting team?

Contact details here

The team can give you information about other services such as parenting programmes, support groups or other health or social care professionals.

We can provide advice to:

- ***Help you stay healthy when pregnant.***
- ***Support you to bond with your baby.***
- ***Help if you feel low, depressed or alone.***
- ***Help if you are in an abusive relationship.***

We offer a confidential service.

We will **NOT** discuss your personal information with anyone else without your permission unless to protect you or someone else from serious harm. Whenever possible we will discuss this with you first.