

# What is The Day Opportunities Programme?



## Day Opportunities Service



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The Northern Trust wanted to make day services better for adults with learning disabilities who lived in the Northern Trust area.

It is better for some adults with learning disabilities to be able to use services and be involved in the towns that they live in.



The Day Opportunities programme helps to arrange activities for adults with learning disabilities to do in the towns that they live in.



The Northern Trust thinks this is better than some adults with learning disabilities always going to places like adult centres.

There is more information on Trust website:  
<http://www.northerntrust.hscni.net/services/2330.htm>



Named workers will make referrals to the Day Opportunities Programme if they think that it is the right thing for service users.



A Day Opportunities Coordinator works with service users and families.



The Day Opportunities Coordinator will find out what the service user likes and doesn't like to do.



The Day Opportunities Coordinator will help to arrange activities for the service user to do during the week.



Some service users will go to a Base.  
A base is a safe place for adults with learning disabilities to go to.

When service users go to the Base they will also go out to other places in the local area like cafes, shops, leisure centres or the library.



Some service users will get a job and a Supported Employment service will help them. This means that they will get support in a job and someone will help them to learn new skills.



Some service users volunteer.

This means helping out in places in the local area like charity shops, rescue centres or community groups.

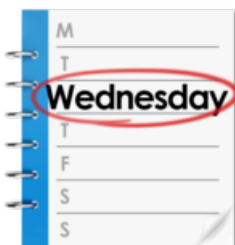


Some service users go to College. There are different courses that people with learning disabilities can do. This can help people learn new skills like living independently, getting a job and learning to travel safely.



Some service users go to a Social Enterprise facility.

This can help the service user learn skills which can help them to get a job.



Most people go to the base on some days and go to other places like college, work or volunteering on the other days.



The Day Opportunities Coordinator will continue to meet with the service user to make sure that everything is going OK and that this is the right service for them.

