



PERMANENT ADULT PLACEMENT

We are also looking for host carers who could provide a permanent home to an adult with a learning disability.

We know that this is a big commitment to make and is not for everyone. However, if you have a spare room and could offer someone a safe, happy, family home, we would love to hear from you.

We work hard to match host carers to the person who is coming to live in their home so that the host can meet the needs of the person placed with them, and both host and guest are happy. We have successfully placed a number of people with families throughout the Trust area and they have all become members of the extended family.

Hosts carers who provide a permanent placement are given a weekly payment.

The Regulation and Quality Improvement Authority (RQIA) is the registered body responsible for monitoring and inspecting the availability and quality of health and social care services in Northern Ireland and encouraging improvements in the quality of these services.

You can contact the RQIA at:
9th Floor, Riverside Tower
5 Lanyon Place, Belfast, BT1 3BT

Tel: 028 9051 7500

If you think you could meet the challenge of being a host carer, or would just like more information, contact:

Share the Care

Learning Disability Team
Rathlea House
Mountfern Complex
8a Rugby Avenue
Coleraine, BT52 1JL

028 7034 7871

Cookstown and Magherafelt area

028 7936 5046

Ballymena and Antrim area

028 2563 5529

Larne, Carrickfergus, Newtownabbey

028 9331 5100

Email: info@northerntrust.hscni.net

Web: www.northerntrust.hscni.net

This document is available, on request, in accessible formats including Braille, disk, audio cassette and minority languages.

Our Values

COMPASSION

OPENNESS

RESPECT

EXCELLENCE



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HSC Northern Health
and Social Care Trust

Have you got space in your family circle...



...to become a host carer?

SHARE THE CARE



WHAT IS SHARE THE CARE?

The Share the Care scheme offers adults with learning disabilities a safe, welcoming, family environment where they can spend short breaks or live permanently with host carers. It also offers a day break service.

To deliver this service we need host carers – people who can offer a friendly home on an occasional or permanent basis to an adult with a learning disability, or who can spare a few hours to give a carer a break.



WHO CAN BE A HOST CARER?

No special qualifications are necessary to be a host carer. We are looking for people with patience, commitment and understanding, who are happy to give their time or open up their home to welcome an adult with a learning disability.

Before you join the scheme, a social worker will visit you to talk to you about your current commitments and decide whether you could take on the responsibility of being a host carer. They will also assess the suitability of your home.

We also carry out medical and criminal record checks on potential host carers.



WHAT HELP IS AVAILABLE?

We will help host carers in a number of ways.

We will give you training in first aid, manual handling and management of medicines. This training will be led by experienced medical, nursing and social work staff. It will give you a basic understanding of what is involved in working with adults with learning and physical disabilities, and will offer advice on how to handle problems which may arise.

We will pay you expenses to ensure you will not be out of pocket while providing a service to the Share the Care team.

Once you are accepted as a host carer and matched to a person with a learning disability you will have the opportunity to meet them before the first short break. They will spend some time in your home getting to know you.

The Share the Care team will ensure you have support and guidance throughout your time as a host carer.

“ We are looking for people who are happy to open up their home to welcome an adult with a learning disability. ”

HOW HOST CARERS HELP



DAY BREAKS

A day break host carer provides a sitting service for a few hours in the person’s own home or alternatively takes them out to an activity. This gives the person’s carer a few hours to recharge their batteries and the opportunity to have some free time.



SHORT BREAKS

If you have a spare room you could be a short break host carer. Short breaks can range from one night to several nights. On a short break the person will live in your home taking part in day-to-day family activities in a home-from-home environment.

