

First Connect

Enabling you to live life your way by offering emotional and practical support



Age NI is the new force combining
AGE and **HELP THE AGED WE WILL**
Connex

What is First Connect?

First Connect offers emotional and practical support at difficult times to people in later life. The service improves quality of life and helps maintain independence.

Who can benefit from First Connect?

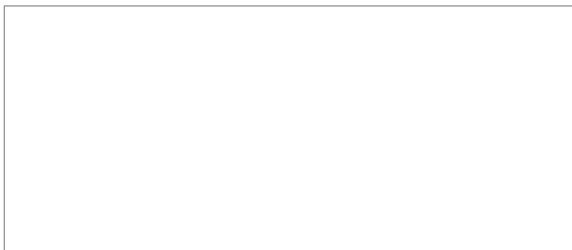
First Connect is available to older people living in a First Connect area, who need support at home or in the community to access local services.

How does First Connect work?

Our First Connect Coordinator will visit you at home or at an alternative suitable venue. They will provide you with advice on local services and will help you to identify the services you need. They will support your choices and help you to access support from other agencies, voluntary organisations and community groups.

What difference can First Connect make?

- Reduce social isolation
- Provide emotional support
- Improve your quality of life
- Increase your independence so that you can remain at home
- Increase your confidence to make informed choices
- Increase the safety and security of your home
- Improve your access to services and facilities in your community



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