

## Freedom of Information Request

- **How many maternal request caesareans were carried out in your Trust between April 2019 and April 2020 with no other significant medical, obstetric or psychological indication?**

108

- **What were the total number of caesarean sections carried out in your Trust between April 2019 and April 2020?**

1403

- **Please confirm how your Trust complies with the revised NICE guideline [NG192] in relation to Maternal Request for Caesarean Birth points 1.2.25 – 1.2.31 – published March 31 2021**  
<https://www.nice.org.uk/guidance/ng192/chapter/Recommendations>

- **Please can you provide information relating to the following questions:**

1. **Do you have an explicitly stated policy not to offer Maternal Request Caesarean Sections (MRCS) in your Trust?**

No

2. **Do you have a written guideline for Maternal Request Caesarean Sections (MRCS) in your Trust? If yes, please provide a copy of the written guideline**

We do not have a Trust guideline on Maternal Request Caesarean Sections (MRCS).

3. **Do you require a compulsory mental health appointment in order for a Caesarean Section to be offered?**

No

4. **Do you have a policy which states the number of weeks into pregnancy the decision for a Caesarean Section would be made? If yes please state number of weeks**

No

5. **Are there any other conditions which must be met in order to be offered a Maternal Request Caesarean Section in your Trust? If yes, please provide a copy of the conditions**

Any woman who requests a caesarean section will have a detailed discussion with a senior clinician to explore the reasons for her request and a risk/benefits discussion will occur. All requests will be considered on an individual basis and any decisions taken will be done so in partnership with the woman having fully explored all the risks/benefits.