

Freedom of Information Request

Question 1. How many patients have received the following treatments (for any condition) in the past 12 months:

Electro-convulsive therapy (ECT)

Esketamine nasal spray

Ketamine infusion

r-TMS therapy

Electro-convulsive therapy (ECT): 29 patients attended ECT between Jan and Dec 2021 (including those who started in 2021 and continued into 2022)

Esketamine nasal spray: Not in Use in NHSCT

Ketamine infusion: Not in Use in NHSCT.

r-TMS therapy: Not in Use in NHSCT

Question 2. For patients receiving electro-convulsive therapy in the past 12 months, how many patients were under treatment for:

Major depressive disorder

Other mental health conditions

Major depressive disorder: 26 patients

Other mental health conditions: 2 moderately depressed and 1 Schizoaffective disorder

Question 3. How many patients with Major Depressive Disorder have been treated by your Organisation in the past 12 months?

Major depressive disorder is a DSM V diagnosis. NHSCT use ICD-10 that categorises depression into mild, moderate and severe; with treatment options varying with the severity of the presentation. Within the NHSCT, many teams will treat depression. In short, the Trust cannot answer this question accurately due to the diagnostic framework that we use.