

Freedom of Information Request

Please provide the following information in relation to the Primary Care Talking Therapy Hubs (the Hubs) for the period 1 April 2020 to 31 December 2020

<p>A list of the Hubs in your Trust area and the localities served by each.</p>	<p>Northern Emotional Wellbeing Service (NEWS). East Antrim Mid Antrim Causeway Coast and Glens Mid Ulster</p>
<p>A list of counselling providers contracted to provide counselling via the Hubs.</p>	<p>Links Counselling Service</p>
<p>The number of referrals.</p>	<p>1749</p>
<p>No of people offered counselling.</p>	<p>1347</p>
<p>A breakdown of waiting times, including by the (i) longest (ii) shortest (iii) average waiting time.</p>	<p>Waiting times referral to first contact: First contact is sought within 15 working days of referral details received into the service. Where the initial telephone conversation is held past the 15 working days is generally because we were unable to establish contact with the client or another date for contact was arranged as agreed with the client.</p> <p>Average time to start talking therapy: Currently with online talking therapy the average wait is 20 working days of initial telephone conversation. There are clients that have opted to remain on the waiting list until we are back to face-to-face talking therapy. These clients have been given the option of CCBT and we check-in with these clients on a monthly basis. At times clients opt for online talking therapy at check-in which we then facilitate.</p>



Average number of sessions offered to people.	The number of session that are provided to individuals would be 6
Financial allocation and spend up to 31 Dec 2020.	<p style="text-align: right;">£000's</p> <p>Total Financial Allocation 1st April to 31st December 2020 273</p> <p>Total Spend 1st April to 31st December 2020 259</p> <p><i>NB This is the budget and costs for the Emotional Wellbeing Hub only.</i></p>
Details of changes made to how Hub counselling services are commissioned from community and voluntary organisations with the introduction of a tendering process	<p>The Trust wide service was competitively tendered via the eTenders NI Portal – a portal which is accessed by the Community and Voluntary sector for all the NHSCT's Social Care Procurement opportunities.</p> <p>The tender was live June 2019 and successfully awarded to NEWS July 2019 and therefore, no longer delivered via the Trust.</p>
An explanation for the reasons for the changes introduced under Q8 above.	<p>Service model was revised with realignment of budget to enable the procurement of a Trust Wide service providing more support to a wider number of service users within the Trust community.</p> <p>Changes were agreed to the delivery of this service, by remodelling this service the budget can be better used to provide more support to a greater number of service users across the Trust area.</p>