



## Introduction

This information is a reminder of information you should have already received. It is for people who have just had an OGD / Gastroscopy test.

*This leaflet can be made available on request in alternative formats and in other languages to meet the needs of those who are not fluent in English.*

There is important information on the other side of this page.

## After your OGD/Gastroscopy

### What happens after my test?

After your test, you can rest here for as long as you need. If you have not had a sedative, you can go home straight after the test if you wish.

If you have had throat spray, you should not eat or drink for one hour after the procedure because your swallow reflex will still be numb. You can start to eat or drink at

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**If you have had sedation**, you must have someone stay with you overnight as you will still be drowsy with the sedative. This drowsiness can ‘come and go’.

This drowsiness means you must not:

- Drive a car (or any motorized transport) or ride a bicycle.
- Operate machinery or electrical items
- Drink alcohol or smoke
- Take sleeping tablets
- Sign any legally binding documents or make any important decisions

- Work at heights (including climbing ladders or onto a chair)
- Lock the toilet door or make yourself unreachable to the person looking after you.
- Look after children on your own.

Most people feel back to normal after 24 hours.

### Aftercare

If any of the following happen within 48 hours after your OGD, you need to seek help from a doctor straightaway:

- Chest or abdominal / tummy pain that becomes more severe and is different or more intense than any pains that you would 'usually' have.
- Breathing difficulties
- Fever (raised temperature)
- Vomiting blood

Tell your doctor that you have had an OGD.

If you have a persistent sore throat, contact your G.P. and tell them you have had an OGD.

**Contact us** on this number,  
between 8am – 6pm Monday –  
Thursday  
8am – 2pm Friday

**Whiteabbey Endoscopy Unit**  
**Tel: (028) 90552464**

**Antrim Day Procedure Unit**  
**Tel: (028) 94424758**

**Mid Ulster Endoscopy Unit**  
**Tel: (028) 79366767**

**Causeway Day Procedure Unit**  
**Tel: (028) 70346105**

Outside of these hours please  
contact:

**Ward C3, Antrim Area Hospital**  
**Tel: (028) 94424786**

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