

Hi, and welcome to this video on the Child Health Development and Emotional Wellbeing Services in the Northern Trust. What are the Child Health Development and Emotional Wellbeing Services? We are a group of services who work together to meet the needs of children, young people and their families across the Northern Trust.

The group is made up of a number of services within the Northern Trust who work alongside services provided by the community and voluntary sector. Each service specialises in and is designed to meet the needs of a particular group of children and young people. We have a team of clinicians in our Children's Referral Service who gather all the information to find which of our services is the best to help.

All of our services focus on supporting the health and development of children and young people in the Northern Trust and we have five services who focus on emotional health and well being needs. Some of these other services have their own web pages on the Northern Trust website. Links to these can be found on the page where you accessed this video.

Who comes to our services? We provide emotional well being support and intervention for children and young people up to the age of 18 years old. Who will you see? Who you will meet will depend on what service you go to. We have many staff from a variety of professional backgrounds who are trained to meet the needs of the children and young people who attend each service.

Some of the staff who work with us include ASD therapists, behaviour therapists, clinical psychologists, dietitians, family therapists, Medical doctors, nurses, occupational therapists, psychological therapists, psychotherapists, social workers, and speech and language therapists. What do we do within our services?

Every child's journey within our services will be unique and it will not be the same A to B journey for everyone. The service that is offered will be designed to meet your child's needs in the best way and will be their own individual journey. We work in partnership with young people and their families to understand why a young person is coming to our service and why they are experiencing difficulties.

We work alongside young people and their families to agree the best way the service can help. We do this in a variety of different ways, such as one to one talking therapy, group interventions, and medical interventions. We may also provide guidance, information, and support to you and the professionals involved with your child.

We may also carry out additional specialist assessments or interventions. We understand that waiting for your appointment can be challenging and sometimes you're not sure what to do next. We have gathered together some useful information about our services and what to expect when you come to your appointment on the Northern Trust website in the Child Health Development and Emotional Wellbeing section with links to the other services who you may be referred to.

We have also created a resources section on the Northern Trust website where you accessed this video, which provides some helpful information while you're waiting. Please click into the resources section to read about some of these. We hope this video has been helpful in providing a brief overview of all of our services that work together to support your care.

Please take a minute to complete our feedback questionnaire by scanning the QR code or clicking on the survey link where you accessed this video. Thank you.